



NDRI Studies on Microbiota and Health

Sunita Grover

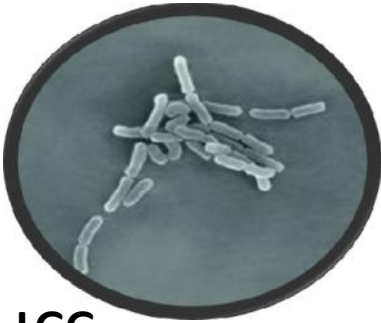
ICAR - National Dairy Research Institute
Karnal-132001

Japan

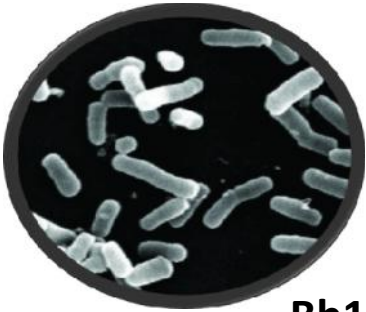


L.casei strain Shirota

European Countries



LGG



Bb12

LACTO-5™

HOME ABOUT LACTO-5™ FAQS WHERE TO FIND LACTO-5™ UPDATER CONTACT US

Why LACTO-5™? What are probiotics? Why spore-forming bacteria? Why locally derived probiotics? How to take?

Locally-derived probiotics - protects our intestines even better in 5 ways:

- 1. Local strains probiotics**
LACTO-5™ is derived from LACTO-5™, a unique probiotic derived from Malaysian watermelon seeds. Formulated with natural bacteria from vegetables. Also in collaboration with Malacca Biotechnology Corporation.
The world experts say locally derived probiotics work best in our intestines. The local strains adapt better to our diets to provide optimum protection to our intestines.
- 2. Locked-in spores**
Spore-forming friendly bacteria grow a protective layer to keep themselves alive until they reach your intestines. This means the friendly bacteria will survive 100% in your body, even through acid and they reach the intestine where they come "alive" to provide optimum protection.
- 3. Logical formula**
A synergistic combination of 5 probiotic strains for total health benefits. Each LACTO-5™ capsule contains 5 live bacteria strains:
 - Lactobacillus acidophilus
 - Bifidobacterium
 - Lactobacillus reuteri
 - Clostridium butyricum
 - Clostridium thermophilus
- 4. Live friendly bacteria**
up to 10 billion
To create optimum protection everyday!
- 5. Lyophilised**
allows friendly bacteria to survive without

India



Functional and Probiotic Attributes of an Indigenous Isolate of *Lactobacillus plantarum*

Jai K. Kaushik^{1*}, Ashutosh Kumar^{2a}, Raj K. Duary², Ashok K. Mohanty¹, Sunita Grover², Virender K. Batish^{2*}

¹ Animal Biotechnology Centre, National Dairy Research Institute, Karnal, India, ² Molecular Biology Unit, Dairy Microbiology Division, National Dairy Research Institute, Karnal, India

Probiotic lactobacilli were isolated and studied for probiotic attributes
Acid and Bile tolerance
Hydrophobicity
Adhesion on Caco-2 and HT-29 cell lines
Aggregation and co-aggregation potential
Anti-oxidative potential



[Probiotics and Antimicrobial Proteins](#)

December 2011, Volume 3, Issue 3, pp 166–193

Molecular Identification and Typing of Putative Probiotic Indigenous *Lactobacillus plantarum* Strain Lp91 of Human Origin by Specific Primed-PCR Assays

Authors

[Authors and affiliations](#)

Rajesh Kumar, Sunita Grover, Virender Kumar Batish

Mol Biol Rep (2012) 39:7887–7897

DOI 10.1007/s11033-012-1633-9

Antioxidative potential of lactobacilli isolated from the gut of Indian people

Anju A. Achuthan · Raj Kumar Duary · Anupama Madathil · Harsh Panwar · Himanshu Kumar · Virender Kumar Batish · Sunita Grover

Most extensively studied probiotic lactobacillus strains

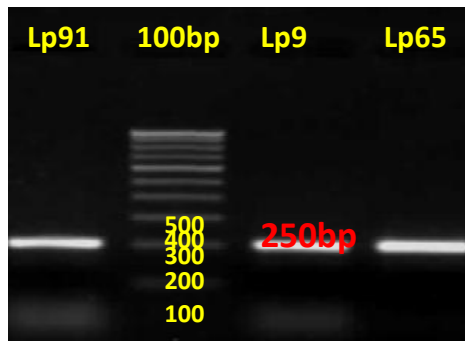
- *Lactobacillus plantarum* Lp91 - Lp91 (MTCC 5690)
- *Lactobacillus fermentum* Lf1 - Lf1 (MTCC 5689)
- *Lactobacillus casei* Lbs2 – MTCC 5953
- *Lactobacillus fermentum* Lbs4 – MTCC 5954

Identification of probiotic lactobacilli strains

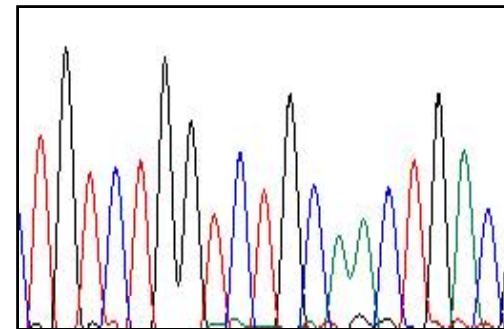


Isolated from the faecal matter of healthy adults

Identification



Genus and Species specific PCR



16S r RNA gene sequencing

Strains Characterized by RAPD and MLST profile

Draft Genome Sequence of *Lactobacillus plantarum* Strain Lp91, a Promising Indian Probiotic Isolate of Human Gut Origin

Sunita Grover,^a Vineet K. Sharma,^b Rashmi H. Mallapa,^a Virender K. Batish^a

Draft Genome Sequence of *Lactobacillus fermentum* Lf1, an Indian Isolate of Human Gut Origin

Sunita Grover,^a Vineet K. Sharma,^b Rashmi H. Mallapa,^a Virender K. Batish^a



Expression of the *atpD* gene in probiotic *Lactobacillus plantarum* strains under *in vitro* acidic conditions using RT-qPCR

Raj Kumar Duary, Virender Kumar Batish^{**}, Sunita Grover^{*}

Molecular Biology Unit, Dept. of Dairy Microbiology, National Dairy Research Institute, Karnal, Haryana 132001, India

Received 16 February 2010; accepted 29 March 2010

Available online 21 April 2010

Mol Biol Rep

DOI 10.1007/s11033-011-1006-9

Expression of genes involved in probiosis was studied using RT-qPCR

Relative gene expression of bile salt hydrolase and surface proteins in two putative indigenous *Lactobacillus plantarum* strains under *in vitro* gut conditions

Raj Kumar Duary · Virender Kumar Batish · Sunita Grover

MICRES-25564; No. of Pages 8

ARTICLE IN PRESS

Microbiological Research xxx (2013) xxx–xxx

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Microbiological Research

journal homepage: www.elsevier.com/locate/micres



Relative expression of bacterial and host specific genes associated with probiotic survival and viability in the mice gut fed with *Lactobacillus plantarum* Lp91

Archana Chandran^a, Raj Kumar Duary^b, Sunita Grover^{a,**}, Virender Kumar Batish^{a,*}

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^b Department of Food Engineering and Technology, Tezpur University, Napaam, Assam 784 028, India

Hypocholesterolemic and anti-inflammatory effects of probiotic lactobacilli

British Journal of Nutrition (2010), page 1 of 12
© The Authors 2010

doi:10.1017/S0007114510003740

Hypocholesterolaemic effect of dietary inclusion of two putative probiotic bile salt hydrolase-producing *Lactobacillus plantarum* strains in Sprague–Dawley rats

Rajesh Kumar^{1,2}, Sunita Grover¹ and Virender Kumar Batish^{1*}

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²Department of Microbiology and Immunology, National Institute of Nutrition, Hyderabad 500007, Andhra Pradesh, India

(Received 14 April 2010 – Revised 6 August 2010 – Accepted 25 August 2010)

Genes Nutr (2014) 9:398

DOI 10.1007/s12263-014-0398-2

RESEARCH PAPER

Immunomodulatory activity of two potential probiotic strains in LPS-stimulated HT-29 cells

Raj Kumar Duary · Virender Kumar Batish ·
Sunita Grover

Genes Nutr (2013) 8:637–648

DOI 10.1007/s12263-013-0347-5

RESEARCH PAPER

Modulation of anti-inflammatory response in lipopolysaccharide stimulated human THP-1 cell line and mouse model at gene expression level with indigenous putative probiotic lactobacilli

V. Aparna Sudhakaran · Harsh Panwar · Ritu Chauhan ·
Raj Kumar Duary · Rahul Kumar Rathore ·
Virender Kumar Batish · Sunita Grover

Research Article

Amelioration of Colitis in Mouse Model by Exploring Antioxidative Potentials of an Indigenous Probiotic Strain of *Lactobacillus fermentum* Lf1

Ritu Chauhan,¹ Aparna Sudhakaran Vasanthakumari,¹ Harsh Panwar,¹ Rashmi H. Mallapa,¹ Raj Kumar Duary,² Virender Kumar Batish,¹ and Sunita Grover¹

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Anti-inflammatory and immunomodulatory efficacy of indigenous probiotic *Lactobacillus plantarum* Lp91 in colitis mouse model

Raj Kumar Duary · Mache Amit Bhusaheb ·
Virender Kumar Batish · Sunita Grover



Contents lists available at ScienceDirect

International Immunopharmacology

journal homepage: www.elsevier.com/locate/intimp



Live and heat-killed probiotic *Lactobacillus casei* Lbs2 protects from experimental colitis through Toll-like receptor 2-dependent induction of T-regulatory response

Bhupesh Kumar Thakur^{a,1}, Piu Saha^{a,1}, George Banik^b, Dhira Rani Saha^a, Sunita Grover^c,
Virender Kumar Batish^c, Santasabuj Das^{a,*}

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^c Molecular Biology Unit, Dairy Microbiology Department, National Dairy Research Institute, Karnal, Haryana 132001, India



***Lactobacillus* strains isolated from infant faeces possess potent inhibitory activity against intestinal alpha- and beta-glucosidases suggesting anti-diabetic potential**

Harsh Panwar · Danielle Calderwood ·
Irene R. Grant · Sunita Grover · Brian D. Green



[Annals of Microbiology](#)

March 2016, Volume 66, [Issue 1](#), pp 505-509

Lactobacilli possess inhibitory activity against dipeptidyl peptidase-4 (DPP-4)

Authors

[Authors and affiliations](#)

Harsh Panwar, Danielle Calderwood, Irene R. Grant, Sunita Grover, Brian D. Green 



Journal of Functional Foods

Volume 23, May 2016, Pages 348–358



Identification of lactic acid bacteria strains modulating incretin hormone secretion and gene expression in enteroendocrine cells

Harsh Panwar^{a, b, 1}, Danielle Calderwood^a, Anna L. Gillespie^a, Alastair R. Wylie^c, Stewart F. Graham^d,
Irene R. Grant^a, Sunita Grover^e, Brian D. Green^{a, f, g, h}

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Improvement in glucose tolerance and insulin sensitivity by probiotic strains of Indian gut origin in high-fat diet-fed C57BL/6J mice

Mahalingam Balakumar¹ · Durai Prabhu¹ · Chandrakumar Sathishkumar¹ · Paramasivam Prabu¹ ·
Namita Rokana² · Ramesh Kumar¹ · Srividhya Raghavan¹ · Avinash Soundarajan¹ · Sunita Grover² ·
Virender Kumar Batish² · Viswanathan Mohan¹ · Muthuswamy Balasubramanyam¹



Interaction between putative probiotic *Lactobacillus* strains of Indian gut origin and *Salmonella*: Impact on intestinal barrier function

Namita Rokana, Rashmi Hogarehalli Mallappa, Virender Kumar Batish, Sunita Grover  

[Show more](#)

Journal of Medical Microbiology (2016), 65, 1–12

DOI 10.1099/jmm.0.000366

Modulation of intestinal barrier function to ameliorate *Salmonella* infection in mice by oral administration of fermented milks produced with *Lactobacillus plantarum* MTCC 5690 – a probiotic strain of Indian gut origin

Namita Rokana, Rajbir Singh, Rashmi Hogarehalli Mallappa, Virender Kumar Batish and Sunita Grover

Molecular Biology Unit, Indian Council of Agricultural Research (ICAR) – National Dairy Research Institute (NDRI), Karnal, Haryana 132001, India

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journal homepage: www.elsevier.com/locate/yrtph



Assessing safety of *Lactobacillus plantarum* MTCC 5690 and *Lactobacillus fermentum* MTCC 5689 using *in vitro* approaches and an *in vivo* murine model



Diwas Pradhan^a, Rajbir Singh^b, Ashish Tyagi^{a,b}, Rashmi H.M.^a, V.K. Batish^a, Sunita Grover^{a,*}

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^b University of Louisville, 505 South Hancock Street # 323, Clinical Translational Research Bldg, Louisville, KY, 40202, USA

Probiotics and Antimicrobial Proteins

<https://doi.org/10.1007/s12602-018-9489-5>


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Assessing the Safety and Efficacy of *Lactobacillus plantarum* MTCC 5690 and *Lactobacillus fermentum* MTCC 5689 in Colitis Mouse Model

Diwas Pradhan¹ • Rajbir Singh² • Ashish Tyagi^{1,2} • Rashmi H.M.¹ • Virender K. Batish¹ • Sunita Grover¹

Metagenomic studies at NDRI

- Comparative metagenome of human gut of North and North-Eastern regions of India
- Comparative analysis of predominant gut microflora in autistic versus normal children for probiotic interventions
- Comparative Abundance of *Faecalibacterium prausnitzii* in Diabetic and Non Diabetic hosts of Indian Population
- Comparative abundance of major gut enterotypes in children of varying nutritional status



Thank You